

**SHELTER ROCK SCHOOL
PHYSICAL EDUCATION DEPARTMENT
NEWSLETTER**

May 10, 2013

Dear Grade 5 and 6 Parents:

The information below outlines the details of the Grade 5 and 6 Field Day format on **Friday, May 31, 2013**.

Children should come to school dressed in shorts, sweat pants, or warm-up suit. All students should wear their class color shirt. Please be advised that face painting and hair coloring are not permitted on Field Day.

Grade 5		Grade 6	
Mrs. Watts	Green	Mr. Christy	Blue
Mrs. Butler	White	Mrs. Bacchioni	Orange
Mrs. Dajczak	Blue	Mrs. Mitchell	White
Mrs. Swaine	Red	Mr. Sirof	Red
Mrs. Weiss-Begley	Orange	Mrs. Como	Green
Mrs. Louis	Yellow		

Every child will participate in all events: water relay, pin relays, potato sack race and the mini mile. There will be a picnic lunch after the morning events (from 11:00 AM to 11:50 AM) followed by a Grade 5 versus Grade 6 kickball games.

This year, once again we are planning a BBQ picnic lunch for the children. A grilled hot dog, hamburger/ cheeseburger or both will be available to each child. (A specific listing of the food and their ingredients is posted on the back of this letter). Please note with that the exception of bottled water, drinks and side dishes will not be available so it is recommended that you send your child to school with those items if they wish. If your child prefers not to participate in the BBQ, he/she may bring their own bag lunch. With advance notice, our kitchen can also prepare a bag lunch for your child, including all of the components of a school lunch, at the regular price.

It is recommended that all students bring in a water bottle for use after each event. Please make sure that all water bottles are plastic for safety reasons. In addition, it is recommended that you apply suntan lotion to your child at home before he/she leaves school in the morning.

If it is raining in the morning, Field Day will be postponed to **Friday, June 7, 2013**.

Finally, all parents are welcome to this exciting day!

Sincerely,
Brian Ackermann
Bernadette Bourazeris
Vinnie LoBianco